

14TH U.S. MASTERS OPEN

MASSACHUSETTS STATE FALL CHAMPIONSHIP
SUNDAY NOVEMBER 3RD

**18 AIRLINE
TICKETS**

**TO THE US OPEN 2020 FOR
WORLD CLASS EVENT WINNERS**

Follow us on Instagram!
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Phone: 508-792-5534

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WORLD CLASS SPARRING
WORLD CLASS POOMSAE
POWER BREAKING
TEAM POOMSAE
DEMO TEAM
SPARRING
BREAKING
POOMSAE



EASTER SEALS DISABILITY CHARITY - DONATIONS OF OVER 17,750 SINCE 2007

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2019 U.S. National Champions



LOCATION: GRAFTON HIGH SCHOOL - 24 PROVIDENCE RD, GRAFTON, MA



14TH



OPEN

TAEKWONDO

Sunday November 3rd 2019

To All Masters, Instructors, Students, Families & Friends:

*W*elcome to Massachusetts and to the 14th Annual U.S. Masters TKD Open Championship (U.S.M.O.) & Fall Mass State Championship.

The U.S. Masters Open Championship (U.S.M.O) and the Massachusetts State Taekwondo Association (M.S.T.A.) have come together to host the championship once again. This is a special time for New England as this year's tournament will reach new heights. The Event generally draws 500 competitors and by partnering with the M.S.T.A our goal is to further develop the sport of Tae Kwon Do in New England.

Your presence at this event gives great testimony to the hard work, diligence, and sacrifice on the part of, not only the competitors, but also of the family and friends in attendance. You represent the athletes, coaches and families around the New England area, who devote innumerable hours to promote our martial art. You have our deepest and sincerest gratitude.

We strive to improve the environment, competition and opportunities for all competitors. Here are some things to look forward to.

- One Day Tournament - Sunday November 3rd, 2019
- Official Matted Rings & Electronic Scoring with KPNP
- World Class Sparring - 12 Airline Tickets to the U.S. Open 2020 for the winners
- World Class Poomsae - 6 Airline Tickets to the U.S. Open 2020 for the winners
- Athletes from over 50 different Martial Arts Academies attend the event
- Over 95% rate of 3 or more competitors per division
- Team Poomsae Competition
- Power Breaking Competition

Finally, we are donating our entire program book proceeds to Easter Seals Disability Services. Easter Seals provides services to ensure that children and adults with disabilities have equal opportunities to live, learn, work and play. Giving back is a very important aspect of the martial arts. Along with your support and participation, this should be one of the most exciting events of 2019.

If you have any questions about the tournament package you received, please do not hesitate to contact us. You should be receiving a call from us soon to make sure you received our package. See you there.

U.S.M.O. Committee
Grandmaster Jae H. Jeong's USTC Shrewsbury, MA
Master Hee Y. Kim's USTC Waltham, MA
Master Alexander Jeong's USTC Worcester, MA



14TH



OPEN

Championship Timeline

Please be aware that these are tentative times & events may move faster or slower.

Please listen to the announcements throughout the day

(All Competitors should arrive at least 1 hour before their scheduled call time)

	Sunday November 3rd 2019
7:30AM	Registration for Officials, Referees, Competitors, Coaches & VIP Master's Officials, Referees & Coaches meeting to review rules and changes, if any
8:00am	Ultra division 35+ & Senior division 18-34 / Poomsae, Board Breaking & Sparring
	All belts Ages 4 & 5 / Poomsae, Board Breaking & Sparring
8:30am	Demo Team Competition (1 st place winner will perform during the Opening Ceremony) *World Class Sparring (12-14) Cadets (Male / Female) (Must be in Holding Area)
9:00am	Events: ONLY Sparring Competitors Ages 6-17 in Group A+B+C+D (All Belts) *World Class Sparring : Cadets (12-14 years old) (Male / Female) START
10:00am	Events: ONLY Breaking Competitors Ages 6-17 in Group A+B+C+D (All Belts) *Worlds Class Sparring: Juniors (15-17 years old) (Male / Female) START
11:00am	World Class Sparring Seniors (18+ years old) / Team Poomsae / Power Breaking
12:00pm	Opening Ceremony 2019 USMO 1 st Place Demo Team's Demonstration
12:40pm	Events: ONLY Poomsae Ages 6-17 in Group A+B+C+D (All Belts) *World Class Poomsae Cadets / Juniors / Seniors

(All Competitors should arrive 1 hour before their scheduled time)

INDIVIDUAL COMPETITOR APPLICATION

****WARNING: YOU MUST FILL OUT THE FORM COMPLETELY (In All CAPS) OR IT CANNOT BE PROCESSED****

Last Name _____ First Name _____ ☐ Male
Address _____ City _____ State _____ Zip _____ ☐ Female
Age _____ D.O.B. ____/____/____ Weight _____ lbs Group Level: A B C D Black Circle
E-Mail _____ Phone No. _____

School/Club _____ Instructor _____
Address _____ City _____ State _____ Zip _____
E-Mail _____ Phone No. _____ Fax No. _____

Any Questions Please Contact Us: worcesterustc@gmail.com Tel (508) 767-1717 Fax (508) 767-0113

Division Selection

If you are doing Poomsae 3 or 4 check Group B for ALL Standard Events

☐ Junior Division - Ages 4-17 ☐ Senior Division - Ages 18-34 ☐ Ultra Division - Ages 35 & Up

Group A	Group B	Group C	Group D	Black Belt	
<input type="checkbox"/> Poomsae 1	<input type="checkbox"/> Poomsae 3	<input type="checkbox"/> Poomsae 5	<input type="checkbox"/> Poomsae 7	<input type="checkbox"/> Koryo	<input type="checkbox"/> Keum Gang
<input type="checkbox"/> Poomsae 2	<input type="checkbox"/> Poomsae 4	<input type="checkbox"/> Poomsae 6	<input type="checkbox"/> Poomsae 8	<input type="checkbox"/> Tae Baek	<input type="checkbox"/> Pyongwon

Event Selection

Please check all the Events you wish to compete in. World Class Sparring & World Class Poomsae Events require a separate application and is for Black Belt Competitors ONLY *

Standard Events			Special Event	World Class / Team Events	
<input type="checkbox"/> Poomsae	<input type="checkbox"/> Sparring	<input type="checkbox"/> Board Breaking	<input type="checkbox"/> Power Breaking	<input type="checkbox"/> Team Poomsae	<input type="checkbox"/> Sparring
Early Registration Before Oct 12th 1 st Event \$80		Standard Registration Before Oct 28 th 1 st Event \$100	No Same day Registration	<input type="checkbox"/> Demo Team	<input type="checkbox"/> Poomsae
Please Complete Additional Forms for Events Listed Above Additional fees will apply					

1. Each additional Standard Event is **\$15 more**
 2. **Power Breaking** as an additional event will cost **\$50**
 3. **Power Breaking** - Boards are included **(a 6 Foot Trophy)**
 4. Competitors participating **Only Power Breaking** - First event fee applies
 5. Each entry of a "NEW" division constitutes another entry fee
- Example: Junior Sparring \$80 + Adult Sparring \$80 = \$160

Payment

*Make Cashiers checks and money orders payable to **USMO** - *No Personal Checks Accepted*

Total Amount Enclosed: \$ _____



Credit Cards Only*



Credit Card#: _____ - _____ - _____ - _____ Exp. Date: ____/____ Security Code(back of card): _____

Card Holder Name: _____ Card Zip Code: _____

Card Holder Signature: _____ Date: ____/____/____

Spectator General Admission

\$10 Per Person

Under 4 years Free

Liability Waiver & Release

I or the minor (the child) hereby release, discharge, covenant not to sue and agree to hold harmless to any clubs(academies) at the 14th U.S. Masters Open Tae Kwon Do Championships or has a vested interest in the activity, their respective administrators, directors, agents, officers, volunteers, referees, employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises of the event location (each considered on of the "Releasees" herein) from all liability, claims, demands, losses, or damages on account caused or alleged to be caused or alleged to be caused in whole or in part by the negligence of the "Releasees" or otherwise, including negligent rescue operations and further agree that if, despite this release, I, or anyone on my/the minor's from any litigation expenses, attorney fees, loss liability, damage or cost that may incur as a result of any such claim. I have read this agreement, fully understand its terms, understand that I/the minor have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by the law and agree that if any portion of this agreement is held to be invalid, that the balance, notwithstanding, shall continue in full force and effect.

Competitor Signature: _____ Date: _____

Parent/Guardian Signature: _____ Date: _____

(If Competitor is Under 18 Years Old)

Please mail completed application to:

14th U.S. Masters Open TKD Championship
H.Y. Kim's U.S. Tae Kwon Do Center
32 Warren St, Waltham, MA 02453

MALE WORLD CLASS SPARRING APPLICATION

****WARNING: YOU MUST FILL OUT THE FORM COMPLETELY (In All CAPS) OR IT CANNOT BE PROCESSED****

Last Name _____ First Name _____ ☒ Male
 Address _____ City _____ State _____ Zip _____ ☐ Female
 Age _____ D.O.B. ____ / ____ / ____ Weight _____ lbs
 E-Mail _____ Phone No. _____

School/Club _____ Instructor _____
 Address _____ City _____ State _____ Zip _____
 E-Mail _____ Phone No. _____ Fax No. _____

Any Questions Please Contact Us: worcesterustc@gmail.com Tel (508) 767-1717 Fax (508) 767-0113

Division Selection

Competitors can be weighed on Saturday November 2nd at USTC (370 Boston Tpke Shrewsbury, MA.) 6-7pm. ***All weights are in pounds***

Male 12-14 (Cadet Division)	Male 15-17 (Jr. Division)	Male 18 Years Old & Up
UNDER 49KG 108lbs	UNDER 59KG 130lbs	UNDER 68KG 150lbs
OVER 49KG 108+lbs	OVER 59KG 130+lbs	OVER 68KG 150+lbs

Top 6 Male Competitors will win an Airline Ticket to the 2020 USAT U.S. Open Championship.

2 Tickets for Cadet Division 2 for Junior Division and 2 for Adult Division Winners

Please include a profile picture and competition bio with this application. Please be sure to read all the rules and regulations included in the information package

We will be using KPNP System you must prepare your own foot gear.

There must be at least 6 Competitors in your division to get Air Ticket. (or voucher)

Early Registration

Before October 12th

\$120

Standard Registration

Before October 28th

\$150

No Same Day Registration

Payment

*Make Cashiers checks and money orders payable to USMO - ***No Personal Checks Accepted***

Total Amount Enclosed: \$ _____



Spectator General Admission

\$10 Per Person
Under 4 years Free

Credit Card#: _____ - _____ - _____ Exp. Date: ____ / ____ Security Code(back of card): _____

Card Holder Name: _____ Card Zip Code: _____

Card Holder Signature: _____ Date: ____ / ____ / ____

Liability Waiver & Release

I or the minor (the child) hereby release, discharge, covenant not to sue and agree to hold harmless to any clubs(academies) at the 14th U.S. Masters Open Tae Kwon Do Championships or has a vested interest in the activity, their respective administrators, directors, agents, officers, volunteers, referees, employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises of the event location (each considered on of the "Releasees" herein) from all liability, claims, demands, losses, or damages on account caused or alleged to be caused or alleged to be caused in whole or in part by the negligence of the "Releasees" or otherwise, including negligent rescue operations and further agree that if, despite this release, I, or anyone on my/the minor's from any litigation expenses, attorney fees, loss liability, damage or cost that may incur as a result of any such claim. I have read this agreement, fully understand its terms, understand that I/the minor have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by the law and agree that if any portion of this agreement is held to be invalid, that the balance, notwithstanding, shall continue in full force and effect.

Competitor Signature: _____ Date: _____

Parent/Guardian Signature: _____ Date: _____

(If Competitor is Under 18 Years Old)

Please mail completed application to:

14th U.S. Masters Open TKD Championship
 H.Y. Kim's U.S. Tae Kwon Do Center
 32 Warren St, Waltham, MA 02453

FEMALE WORLD CLASS SPARRING APPLICATION

****WARNING: YOU MUST FILL OUT THE FORM COMPLETELY (In All CAPS) OR IT CANNOT BE PROCESSED****

Last Name _____ First Name _____ ☐ Male
 Address _____ City _____ State _____ Zip _____ ☒ Female
 Age _____ D.O.B. ____/____/____ Weight _____ lbs
 E-Mail _____ Phone No. _____

School/Club _____ Instructor _____
 Address _____ City _____ State _____ Zip _____
 E-Mail _____ Phone No. _____ Fax No. _____

Any Questions Please Contact Us: worcesterustc@gmail.com Tel (508) 767-1717 Fax (508) 767- 0113

Division Selection

Competitors can be weighed on Saturday November 2nd at USTC (370 Boston Tpke Shrewsbury, MA.) 6-7pm.

All weights are in pounds

Female 12-14 (Cadet Division)	Female 15-17 (Jr. Division)	Female 18 Years Old & Up
<input type="checkbox"/> UNDER 44KG 97lbs	<input type="checkbox"/> UNDER 52KG 114.6lbs	<input type="checkbox"/> UNDER 57KG 125.6lbs
<input type="checkbox"/> OVER 44KG 97+lbs	<input type="checkbox"/> OVER 59KG 114.6+lbs	<input type="checkbox"/> OVER 57KG 125.6+lbs

Top 6 Female Competitors will win an Airline Ticket to the 2020 USAT U.S. Open Championship.

2 Tickets for Cadet Division 2 for Junior Division and 2 for Adult Division Winners

Please include a profile picture and competition bio with this application. Please be sure to read all the rules and regulations included in the information package

We will be using KPNP System you must prepare your own foot gear.

There must be at least 6 Competitors in your division to get Air Ticket. (or Voucher)

Early Registration

Before October 12th

\$120

Standard Registration

Before Oct 28th

\$150

No Same Day Registration

Payment

*Make Cashiers checks and money orders payable to USMO - *No Personal Checks Accepted*

Total Amount Enclosed: \$ _____



Spectator General Admission

\$10 Per Person

Under 4 years Free

Credit Card#: _____ Exp. Date: ____/____ Security Code(back of card): _____

Card Holder Name: _____ Card Zip Code: _____

Card Holder Signature: _____ Date: ____/____/____

Liability Waiver & Release

I or the minor (the child) hereby release, discharge, covenant not to sue and agree to hold harmless to any clubs(academies) at the 14th U.S. Masters Open Tae Kwon Do Championships or has a vested interest in the activity, their respective administrators, directors, agents, officers, volunteers, referees, employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises of the event location (each considered on of the "Releasees" herein) from all liability, claims, demands, losses, or damages on account caused or alleged to be caused or alleged to be caused in whole or in part by the negligence of the "Releasees" or otherwise, including negligent rescue operations and further agree that if, despite this release, I, or anyone on my/the minor's from any litigation expenses, attorney fees, loss liability, damage or cost that may incur as a result of any such claim. I have read this agreement, fully understand its terms, understand that I/the minor have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by the law and agree that if any portion of this agreement is held to be invalid, that the balance, notwithstanding, shall continue in full force and effect.

Competitor Signature: _____ Date: _____

Parent/Guardian Signature: _____ Date: _____

(If Competitor is Under 18 Years Old)

Please mail completed application to:

14th U.S. Masters Open TKD Championship
 H.Y. Kim's U.S. Tae Kwon Do Center
 32 Warren St, Waltham, MA 02453

WORLD CLASS POOMSAE APPLICATION

****WARNING: YOU MUST FILL OUT THE FORM COMPLETELY (In All Caps) OR IT CANNOT BE PROCESSED****

Last Name _____ First Name _____ ☐ Male
Address _____ City _____ State _____ Zip _____ ☐ Female
Age _____ D.O.B. ____/____/____ Weight _____ lbs
E-Mail _____ Phone No. _____

School/Club _____ Instructor _____
Address _____ City _____ State _____ Zip _____
E-Mail _____ Phone No. _____ Fax No. _____

Any Questions Please Contact Us: worcesterustc@gmail.com Tel (508) 767-1717 Fax (508) 767-0113

Division Selection

Black Belt Competitors only. All divisions selections are the same for both Male and Female Competitors

☐ **Cadet** Ages 12 - 14 ☐ **Junior** Ages 15 - 17 ☐ **Senior** Ages 18+

Top 6 Athlete's will get Airline Tickets For 2020 U.S. Open Championship.

2 Tickets for Cadet Division and 12-14 (1 Male & 1 Female) Final: 8 Jang / Keum gang
2 Tickets for Junior Division 15-17 (1 Male & 1 Female) Final: Koryo / Keum gang
2 Tickets for Senior Division 18-30 (1 Male & 1 Female) Final: Keum gang / Tae baek

Please include a profile picture and competition bio with this application. Please be sure to read all the rules and regulations included in the information package

Must have at least 6 competitors in your division to get Air Ticket. (or Voucher)

Early Registration

Before October 12th

\$120

Standard Registration

Before Oct 28th

\$150

Same Day Registration

\$200 Cash Only

Payment

*Make Cashiers checks and money orders payable to USMO - *No Personal Checks Accepted*

Total Amount Enclosed: \$ _____



Spectator General Admission

\$10 Per Person

Under 4 years Free

Credit Card#: _____ - _____ - _____ - _____ Exp. Date: ____/____ Security Code(back of card): _____

Card Holder Name: _____ Card Zip Code: _____

Card Holder Signature: _____ Date: ____/____/____

Liability Waiver & Release

I or the minor (the child) hereby release, discharge, covenant not to sue and agree to hold harmless to any clubs(academies) at the 14th U.S. Masters Open Tae Kwon Do Championships or has a vested interest in the activity, their respective administrators, directors, agents, officers, volunteers, referees, employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises of the event location (each considered on of the "Releasees" herein) from all liability, claims, demands, losses, or damages on account caused or alleged to be caused or alleged to be caused in whole or in part by the negligence of the "Releasees" or otherwise, including negligent rescue operations and further agree that if, despite this release, I, or anyone on my/the minor's from any litigation expenses, attorney fees, loss liability, damage or cost that may incur as a result of any such claim. I have read this agreement, fully understand its terms, understand that I/the minor have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by the law and agree that if any portion of this agreement is held to be invalid, that the balance, notwithstanding, shall continue in full force and effect.

Competitor Signature: _____ Date: _____

Parent/Guardian Signature: _____ Date: _____

(If Competitor is Under 18 Years Old)

Please mail completed application to:

14th U.S. Masters Open TKD Championship
H.Y. Kim's U.S. Tae Kwon Do Center
32 Warren St, Waltham, MA 02453

TEAM POOMSAE APPLICATION

****WARNING: YOU MUST FILL OUT THE FORM COMPLETELY (In All Caps) OR IT CANNOT BE PROCESSED****

Team Name _____ **3 Person Teams Only**
School/Club _____ Instructor _____
Address _____ City _____ State _____ Zip _____
E-Mail _____ Phone No. _____ Fax No. _____

Team Member #1

Last Name _____ First Name _____ Age _____ ☐ Male ☐ Female
Belt Rank _____ Phone _____ Signature _____
(Guardian signature if under 18 years old)

Team Member #2

Last Name _____ First Name _____ Age _____ ☐ Male ☐ Female
Belt Rank _____ Phone _____ Signature _____
(Guardian signature if under 18 years old)

Team Member #3

Last Name _____ First Name _____ Age _____ ☐ Male ☐ Female
Belt Rank _____ Phone _____ Signature _____
(Guardian signature if under 18 years old)

Any Questions Please Contact Us: worcesterustc@gmail.com Tel (508) 767-1717 Fax (508) 767-0113

Division Check: ☐ D1 (Family Division) ☐ D2 (All Belts / All Ages / Male & Female)

All teams will compete against each other regardless of age, gender, belt rank and Poomsae selection.

Group A	Group B	Group C	Group D	Black Belt	
<input type="checkbox"/> Poomsae 1	<input type="checkbox"/> Poomsae 3	<input type="checkbox"/> Poomsae 5	<input type="checkbox"/> Poomsae 7	<input type="checkbox"/> Koryo	<input type="checkbox"/> Keum Gang
<input type="checkbox"/> Poomsae 2	<input type="checkbox"/> Poomsae 4	<input type="checkbox"/> Poomsae 6	<input type="checkbox"/> Poomsae 8	<input type="checkbox"/> Tae Baek	<input type="checkbox"/> Pyongwon

Each member MUST register for at least 1 Standard individual event or Team will be disqualified.

Family Division Requirement: At least ONE Adult and Winning team will get a **6 foot trophy**

Early Registration

Before Oct 12th

\$90

Standard Registration

Before Oct 28th

\$120

No Same Day Registration

Payment

*Make Cashiers checks and money orders payable to **USMO** - *No Personal Checks Accepted*

Total Amount Enclosed: \$ _____ Credit Cards Only*



Spectator General Admission

\$10 Per Day Per Person
Under 4 years Free

Credit Card#: _____ - _____ - _____ Exp. Date: ____/____/____ Security Code(back of card): _____

Card Holder Name: _____ Card Zip Code: _____

Card Holder Signature: _____ Date: ____/____/____

Liability Waiver & Release

I or the minor (the child) hereby release, discharge, covenant not to sue and agree to hold harmless to any clubs(academies) at the 14th U.S. Masters Open Tae Kwon Do Championships or has a vested interest in the activity, their respective administrators, directors, agents, officers, volunteers, referees, employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises of the event location (each considered on of the "Releasees" herein) from all liability, claims, demands, losses, or damages on account caused or alleged to be caused or alleged to be caused in whole or in part by the negligence of the "Releasees" or otherwise, including negligent rescue operations and further agree that if, despite this release, I, or anyone on my/the minor's from any litigation expenses, attorney fees, loss liability, damage or cost that may incur as a result of any such claim. I have read this agreement, fully understand its terms, understand that I/the minor have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by the law and agree that if any portion of this agreement is held to be invalid, that the balance, notwithstanding, shall continue in full force and effect.

Competitor Signature: _____ Date: _____

Parent/Guardian Signature: _____ Date: _____

(If Competitor is Under 18 Years Old)

Please mail completed application to:

14th U.S. Masters Open TKD Championship
H.Y. Kim's U.S. Tae Kwon Do Center
32 Warren St, Waltham, MA 02453

DEMONSTRATION TEAM APPLICATION

****WARNING: YOU MUST FILL OUT THE FORM COMPLETELY (In All Caps) OR IT CANNOT BE PROCESSED****

Team Name _____
 School/Club _____ Instructor _____
 Address _____ City _____ State _____ Zip _____
 E-Mail _____ Phone No. _____ Fax No. _____

**Teams must consist of a minimum of 10 or maximum of 25 competitors.
 Each member of the team must also compete in at least 1 Standard Individual
 Event, otherwise the team will be disqualified.**

Full Name (Print Clearly)	Age	Full Name (Print Clearly)	Age
1)		14)	
2)		15)	
3)		16)	
4)		17)	
5)		18)	
6)		19)	
7)		20)	
8)		21)	
9)		22)	
10)		23)	
11)		24)	
12)		25)	
13)			

Early Registration
 Before October 12th
\$120

Standard Registration
 Before Oct 28th
\$150

Payment

*Make Cashiers checks and money orders payable to **USMO** - *No Personal Checks Accepted*

Total Amount Enclosed: \$ _____



Spectator General Admission

\$10 Per Day Per Person
 Under 4 years Free

Credit Card#: _____ - _____ - _____ Exp. Date: ____/____ Security Code(back of card): _____

Card Holder Name: _____ Card Zip Code: _____

Card Holder Signature: _____ Date: ____/____/____

Liability Waiver & Release

We, as individual members of this team, hereby release, discharge, covenant not to sue and agree to hold harmless to any clubs(academies) at the 14th U.S. Masters Open Tae Kwon Do Championships or who has a vested interest in the activity, their respective administrators, directors, agents, officers, volunteers, referees, employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises of the event location (each considered on of the "Releasees" herein) from all liability, claims, demands, losses, or damages on account caused or alleged to be caused or alleged to be caused in whole or in part by the negligence of the "Releasees" or otherwise, including negligent rescue operations and further agree that if, despite this release, I, or anyone on my/the minor's from any litigation expenses, attorney fees, loss liability, damage or cost that may incur as a result of any such claim. I have read this agreement, fully understand its terms, understand that I/the minor have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by the law and agree that if any portion of this agreement is held to be invalid, that the balance, notwithstanding, shall continue in full force and effect.

Team Captain Signature: _____ Date: _____

Instructor Signature: _____ Date: _____

Contact Us: worcesterustc@gmail.com Tel (508) 767-1717 Fax (508) 767-0113

Please mail completed application to:

14th U.S. Masters Open TKD Championship
 H.Y. Kim's U.S. Tae Kwon Do Center
 32 Warren St, Waltham, MA 02453

EVENT RULES & REGULATIONS

Divisions

Junior Division - Ages 4-17		Senior Division - Ages 18-34		Ultra Division - Ages 35 & Up	
Group A	Group B	Group C	Group D	Black Belt	
Poomsae 1	Poomsae 3	Poomsae 5	Poomsae 7	Koryo	Keum Gang
Poomsae 2	Poomsae 4	Poomsae 6	Poomsae 8	Tae Baek	Pyongwon

Poomsae

General Rules:

1. Competitors must use World Tae Kwon Do Taeguek forms only
2. Two Competitors will perform at the same time - Chung vs Hong - Winner will advance
3. Competitors may perform their poomsae as many as 4 or more times depending on the division

Judging Criteria:

For the U.S.M.O Tournament only, not in accordance with the National Rules & Regulations

1. Knowledge of Poomsae (Most Important)
 - A) If the competitor has to start over, they will lose automatically
 - B) If they make one minor mistake, then go to 2nd judgement category
 - C) If they make more than two mistakes compared to other competitor with no mistakes, they will lose
 - D) If both competitors make mistakes then they will be judged based on the following Technical Breakdown
2. Technical Breakdown
 - A) 30% - Power & Snap
 - B) 30% - Stance / Balance
 - C) 30% - Hand position (Start and Finish)
 - D) 10% - Confidence

Team Poomsae

General Rules:

1. Three Member Teams only
2. (D1 Family) (D2 Division) - **All Belts (White through Black) / All Ages / Male & Female**
3. Must choose 1 form from the following - Taeguek 1-8, Koryo, Keum Gang, Tae Baek or Pyongwon
4. Teams will perform in single eliminations - Chung vs Hong - Winner will advance
5. Divisions will be decided the day of the event
6. Every team must have a Team Name
7. **Family winning team will get a 6 foot Trophy**

Judging Criteria: Starting from 10 points, every mistake (-.1)

1. Accurate Stances
2. Accurate Hand motions
3. Team Work
4. Presentation

World Class Pomsae

General Rules:

1. Black Belt Competitors Only
2. All Competitors will perform the same Poomsae. Designated Poomsaes are on Application Form
3. Final round will be conducted according to the National Rules and Regulations

EVENT RULES & REGULATIONS

Junior Division - Ages 4-17 Senior Division - Ages 18-34 Ultra Division - Ages 35 & Up

Group A	Group B	Group C	Group D	Black Belt	
Poomsae 1	Poomsae 3	Poomsae 5	Poomsae 7	Koryo	Keum Gang
Poomsae 2	Poomsae 4	Poomsae 6	Poomsae 8	Tae Baek	Pyong Won

Board Breaking

General Rules:

1. Competitors may bring their own boards or purchase the boards onsite
2. Competitors may choose their own Break Techniques and number of boards they want to break
3. Competitors must use 3 different stations (no more, no less)
4. The maximum time to setup each station and perform their breaks is 1 minute
5. Only 3 Breaking Attempts per station are allowed
6. Competitors may do multiple breaks per station, but must have a cohesive transition
 - A) Judges may deliberate the use of a competitor's multi board break station and score accordingly

Judging Criteria

Score > 5.0(Low) – 10.0(high)

1. Difficulty of Technique will be based on the following.
 - A) Every competitor begins with a Score of 5.0
 - B) If the 1st break attempt is successful, add 1.0 point for that station (3 stations for a total of 3 points)
 - C) If they break the boards on the 2nd attempt, give 0.5 points for that station.
 - D) 3rd attempt receives 0.0 Points for that station.

Ex. - Smith completed 2 stations on the 1st try and 1 station on the 2nd try, they will get a score of 7.5
2. Each station can receive extra points for the difficulty of technique *Note hands can be used*
 - A) 0.5 - Multiple Spinning Jump Kick
 - B) 0.4 - Multiple Jump Kick
 - C) 0.3 - Jumping Spinning Kick
 - D) 0.2 - Spinning Kick or Jumping Kick
3. Difficulty of breaking will also be based on the number of boards
 - A) Number of boards held at one time

Note - Spacers between boards are easier to break as opposed to no spacers.
 - B) Each station can receive an extra point for power breaking instead of difficulty, up to 0.5 points

Ex. - Two boards power spin punch can earn up to 0.5 points for power hand technique
 - C) Total Number of Boards in Performance
4. Presentation is based on Confidence, Balance, Rhythm & Manner:
 - A) Competitors displaying confidence, balance, rhythm and good manner from entrance to the ring to the completion of their performance, is superior to that of the competitor without these values and can earn up to 0.5 final extra points

EVENT RULES & REGULATIONS

Sparring

General Rules:

1. 2 Rounds - 1 minute - All Belts All Ages
2. Equipment: **Mandatory**. You will not be to compete without complete gear
 - A) Standard V-Neck Tae Kwon Do Uniform in good condition
 - B) Chest Guard & Head Guard - White, Red or Blue helmets only
 - C) Shin & Arm Guards - Must have instep pad covering the top of the foot
 - D) Groin Protector - Required for Males
 - E) Mouth Guards - Must be clear

****Good personal hygiene (ex. short clean nails, clean body & uniform)****

11 Years Old & Under (All Belts): NO HEAD CONTACT

The rules concerning a kick to the face shall be as follows

1. Any technique to the head will result in a 1- point deduction by the referee (Gam-jeom)
2. If the competitor cannot continue because of the injury to the head area, the attacker will be disqualified

12 Years Old & Up (All Belts): LIGHT HEAD CONTACT

1. The competitor can kick to the facial area. The kick must be light contact with absolute control without causing any injury or excessive contact, or the appropriate penalty shall be invoked.
2. The competitor who executes a kick to the face which results in a minor injury shall receive a one-point deduction (Gam-jeom). A minor injury is defined as abrasion or bleeding caused by non-excessive contact. The referee, with or without consultation with the tournament physician, shall determine if the abrasion or bleeding is a minor injury, and if the attack is a non-excessive one.
3. The competitor who executes a kick to the face which results in the inability of the opponent to continue sparring because of injury shall be disqualified. The referee, with or without consultation with the tournament physician, shall determine if the attack is an excessive contact, and if the injury is a major one.

Scoring – 1-point will be awarded for a punch

2 points will be awarded for a body hit with proper contact

3 points will be awarded for turning kick to body area

3 points will be awarded for a head kick

4 points will be awarded for a spinning kick to the body area

5 points will be awarded for a spinning head kick

Power Breaking

Division - 1 (under 11)	Division - 2 (12-14)	Division - 3 (15-17)	Dovision – 4 (18+)	Male/Female
5 Adult Boards	7 Adult Boards	9 Adults Boards	12 Adult Boards	Final Round

General Rules

1. All boards will be provided for the Competitors of the Power Breaking Event (Standard Adult Board)
2. Male division and Female division will be separate
3. Must use either Hammer Fist or Palm Strike techniques
4. Must break boards as prepared. 1 stack of boards set on top of 2 cinder blocks
5. If all competitors in a single division tie, their age (Youngest) then weight (Lowest) will be considered for declaring the winner
6. Winner will be the **Grand Champion** and will receive a **6 foot Trophy**

EVENT RULES & REGULATIONS

World Class Sparring

World Class Sparring Male Divisions

Male 12-14 (Cadet Division)	Male 15-17 (Jr. Division)	Male 18 Years Old & Up
UNDER 49KG 108lbs	UNDER 59KG 130lbs	UNDER 68KG 150lbs
OVER 49KG 108+lbs	OVER 59KG 130+lbs	OVER 68KG 150+lbs

World Class Sparring Female Divisions

Female 12-14 (Cadet Division)	Female 15-17 (Jr. Division)	Female 18 Years Old & Up
UNDER 44KG 97lbs	UNDER 52KG 114.6lbs	UNDER 57KG 125.6lbs
OVER 44KG 97+lbs	OVER 59KG 114.6+lbs	OVER 57KG 125.6+lbs

General Rules - will follow National Rule & Regulations

1. Must be a Black Belt to compete in World Class divisions
2. Full contact body & head 2 Rounds - 1 minute 30 seconds

Scoring –1 point will be awarded for a punch

- 2 points will be awarded for a body hit with proper contact
- 3 points will be awarded for turning kick to body area
- 3 points will be awarded for a head kick
- 4 points will be awarded for a spinning kick to the body area
- 5 points will be awarded for a spinning head kick

Demo Team

General Rules

1. All Demo Team members must participate in the individual events if not the team will be and disqualified
2. Team members can be of any age and belt rank
3. No coaching or instruction from coaches allowed during the demonstration, unless they are participating in the demonstration
4. Number of team members
 - A) Minimum number of team members is 10
 - B) Maximum number of team members is 25
5. Time permitted
 - A) One minute for set up
 - B) Six minutes for demonstration
6. Technical requirements:
 - A) Forms
 - B) Board breaking
 - C) Self defense
7. Scoring based on
 - A) Team Spirit - 2.5
 - B) Originality - 2.5
 - C) Organization of set-up and performance - 2.5
 - D) Technical requirement s- 2.5 Over 15 seconds -. 3 points deduction. Over 30 seconds – 5 points deduction
 - F) There will be 3 or 5 judges who can score the max of 10 points each
8. Demo Teams will receive a **6 foot Trophy**
9. 1st place team will be demonstrating for the Opening Ceremony

VOLUNTEER APPLICATION

Last Name _____ First Name _____ ☐ Male
 Address _____ City _____ State _____ Zip _____ ☐ Female
 E-Mail _____ Phone No. _____
 TKD School _____ Black Belt Rank _____

Volunteers will receive a staff t-shirt and lunch provided by the USMO Committee.
If you are a returning volunteer and have any comments or suggestions to help us better improve this year's tournament proceeding please use the space provided below.

T- Shirt Size

Small Medium Large X-Large XX-Large

Comments: _____

Limitations (if any): _____

**** Ask your master about Persident Award Hours.**

Volunteer Date Selection

<p>Friday November 1st <input type="checkbox"/> Set-Up 5:00pm-7:00pm Meet @ Worcester Studio 1141 Main St Worcester U.S.T.C</p>	<p>Saturday Nov. 2nd <input type="checkbox"/> Set-Up 8:00am-12:00pm Meet @ Grafton High School 24 Providence Rd. Grafton, MA.</p>	<p>Sunday November 3rd <input type="checkbox"/> Competition Day (7:00am-6:00pm) Availability In Out _____ Am _____ Am _____ PM _____ PM</p>	<p>Sunday November 3rd <input type="checkbox"/> Clean Up End of Competition -Until Finish (Typically 2 Hours)</p>
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Liability Waiver & Release

In consideration of your acceptance of my entry, I do hereby, for myself, my heirs, executors, Administrators waive, release and forever discharge any and all rights and claims for damages which I may have or may accrue to me against, the 14th U.S. Masters Open Tae Kwon Do Championships 2019 and its tournament/organizing committee, all members of USMO or their respective officers, committees, medical personnel, agents, representatives, successors, and/or assignees, and against any competitor for any and all damages which may be sustained by me in connection with my association with or entry in the above athletic meet, or which may arise out of traveling to, participating in, and returning from this athletic meet I understand that Taekwondo is a body contact sport which involves risk of injury. I do hereby agree to all terms and conditions of the liability waiver above.

Print Name: _____ Date: _____

Signature: _____ Date: _____

Contact Us: worcesterustc@gmail.com Tel (508) 767-1717 Fax (508) 767-0113

Please mail completed application to:

14th U.S. Masters TKD Championships
 JEONG'S U.S. Tae Kwon Do Center
 370 Boston Turnpike
 Shrewsbury MA 01545

REFeree AND JUDGE APPLICATION

Last Name _____ First Name _____ ☐ Male
 Address _____ City _____ State _____ Zip _____ ☐ Female
 E-Mail _____ Phone No. _____
 TKD School _____ Black Belt Rank _____

Applicants **MUST** be at least 1st Dan to Referee and/or Judge and include an ID size photo with application.
 They will receive a Tournament Official t-shirt, lunch and **\$50 (For IR \$100)** provided by the USMO Committee.

If you are a returning referee and/or judge and have any comments or suggestions to help us better improve
 this year's tournament proceeding please use the space provided below.

T- Shirt Size

☐ Small ☐ Medium ☐ Large ☐ X-Large ☐ XX-Large

Tournament Experience

Check all that apply. Provide an approximate number of tournaments you've participated in as each position checked.

☐ Judge _____ ☐ Corner Judge _____ ☐ Center Ref _____ ☐ Lead Referee _____

I am more comfortable as a - ☐ Judge ☐ Corner Judge ☐ Center Ref ☐ Lead Referee

Comments:

Limitations (if any):

Mandatory Dates

Saturday September 28th

Referee Seminar

Grandmaster Jeong's
U. S. T. C.

5:00PM - 7:00PM

370 Boston Turnpike
Shrewsbury, MA.

Saturday November 2nd

Poomsae Seminar

by International Referee

Dr. Kim

4:00PM - 7:00PM

370 Boston Turnpike
Shrewsbury, MA.

Sunday November 3rd

Competition Day

Time

Start

Finish

7:00AM

6:00PM

Liability Waiver & Release

In consideration of your acceptance of my entry, I do hereby, for myself, my heirs, executors, Administrators waive, release and forever discharge any and all rights and claims for damages which I may have or may accrue to me against, the 14th U.S. Masters Open Tae Kwon Do Championships 2019 and its tournament/organizing committee, all members of USMO or their respective officers, committees, medical personnel, agents, representatives, successors, and/or assignees, and against any competitor for any and all damages which may be sustained by me in connection with my association with or entry in the above athletic meet, or which may arise out of traveling to, participating in, and returning from this athletic meet I understand that Taekwondo is a body contact sport which involves risk of injury. I do hereby agree to all terms and conditions of the liability waiver above.

Print Name: _____ Date: _____

Signature: _____ Date: _____

Contact Us: worcesterustc@gmail.com Tel (508) 767-1717 Fax (508) 767-0113

Please mail completed application to:

14th U.S. Masters TKD Championships
JEONG'S U.S. Tae Kwon Do Center
370 Boston TPKE Shrewsbury MA 01545

V.I.P. MASTER APPLICATION

Last Name _____ First Name _____ ☐ Male
Address _____ City _____ State _____ Zip _____ ☐ Female
E-Mail _____ Phone No. _____
TKD School _____ Black Belt Rank _____

Applicants **MUST** be at least 4th Dan to apply.
You will receive lunch provided by the USMO Committee.
If you are a returning V.I.P. Master and have any comments or suggestions to help us better improve this year's tournament proceeding please use the space provided below.

Comments:

Competition Attendance Dates

Check the days you will attending.

Sunday November 3rd

☐ Competition Day

Grafton High School
24 Providence Rd. Grafton, MA.

Sunday November 3rd 12:00 PM – 12:40 PM

☐ Opening Ceremony

Please check if you will be present for the opening ceremony
so we may prepare for proper introductions

Liability Waiver & Release

In consideration of your acceptance of my entry, I do hereby, for myself, my heirs, executors, Administrators waive, release and forever discharge any and all rights and claims for damages which I may have or may accrue to me against, the 14th U.S. Masters Open Tae Kwon Do Championships 2019 and its tournament/organizing committee, all members of USMO or their respective officers, committees, medical personnel, agents, representatives, successors, and/or assignees, and against any competitor for any and all damages which may be sustained by me in connection with my association with or entry in the above athletic meet, or which may arise out of traveling to, participating in, and returning from this athletic meet I understand that Taekwondo is a body contact sport which involves risk of injury. I do hereby agree to all terms and conditions of the liability waiver above.

Print Name: _____ Date: _____

Signature: _____ Date: _____

Contact Us: worcesterustc@gmail.com Tel (508) 767-1717 Fax (508) 767-0113

Please mail completed application to:

14th U.S. Masters Open TKD Championship
JEONG'S U.S. Tae Kwon Do Center
370 Boston TPKE Shrewsbury MA 01545

COACH APPLICATION

Last Name _____ First Name _____ ☐ Male
Address _____ City _____ State _____ Zip _____ ☐ Female
E-Mail _____ Phone No. _____
TKD School _____ Black Belt Rank _____

A Coach & Referee Meeting will be held Saturday and Sunday morning before each competition day is set to begin.
We will go over the rules and point system of the tournament and any adjustments or changes made by the USMO Committee.
All coaches are expected to know the basic sportsmanship etiquettes of sparring as a coach.
Ex. Make sure the competitors shake each others hands at the end of the match win or lose

Coach Selection

Please read carefully before making your selection.

☐ **Support Coach**

- Select if you are a parent or non-Black Belt coach
- Can coach on the floor only

☐ **Official Coach**

- Select if you are a 1st Dan Black Belt or higher coach
- Please attach a copy of your 1st Dan or higher **Kukkiwon certificate** with this application to Qualify. - Can coach on the floor only

☐ **Master Coach**

- Select if you are a 4th Dan Black Belt or higher coach
- Please attach a copy of your 4th Dan or higher **Kukkiwon certificate** with this application to Qualify. - Can coach on the floor only

Support Coach

\$45

Official Coach

\$25

With proper certification

Master Coach


Free

With proper certification

Payment

*Make Cashiers checks and money orders payable to USMO - *No Personal Checks Accepted*

Total Amount Enclosed: \$ _____

 Credit Cards Only*



Credit Card#: _____ - _____ - _____ - _____ Exp. Date: ____/____ Security Code(back of card): _____

Card Holder Name: _____ Card Zip Code: _____

Card Holder Signature: _____ Date: ____/____/____

Spectator General Admission

\$10 Per Day Per Person
Under 4 years Free

Liability Waiver & Release

In consideration of your acceptance of my entry, I do hereby, for myself, my heirs, executors, Administrators waive, release and forever discharge any and all rights and claims for damages which I may have or may accrue to me against, the 14th U.S. Masters Open Tae Kwon Do Championships 2019 and its tournament/organizing committee, all members of USMO or their respective officers, committees, medical personnel, agents, representatives, successors, and/or assignees, and against any competitor for any and all damages which may be sustained by me in connection with my association with or entry in the above athletic meet, or which may arise out of traveling to, participating in, and returning from this athletic meet I understand that Taekwondo is a body contact sport which involves risk of injury. I do hereby agree to all terms and conditions of the liability waiver above.

Print Name: _____ Date: _____

Signature: _____ Date: _____

Contact Us: worcesterustc@gmail.com - Tel (508) 767-1717 - Fax (508) 767-0113

Please mail completed application to:

14th U.S. Masters Open TKD Championship
JEONG'S U.S. Tae Kwon Do Center
370 Boston TPKE Shrewsbury MA 01545

ADVERTISEMENT APPLICATION

Business Name _____
 Address _____ City _____ State _____ Zip _____
 E-Mail _____ Phone No. _____
 Contact Name _____ Phone No. _____

This can be a great opportunity for your business to be seen! This is also a great chance to give back to the community.
 Proceeds from this tournament will be donated to Easter Seals Disability Services.
 With over 600 competitors & over 2000 people that attend this event yearly, it's the largest Tae Kwon Do tournament
 in the northeast 9 years in a row! The 2nd largest non-sanctioned tournament in United States in 2011.

Sponsorship Ad Selection

Please read carefully before making your selection. All pages will be in full color. You must supply your own ad.

<u>Support Sponsor</u>	<u>1/4 Page Sponsor</u>	<u>1/2 Page Sponsor</u>
\$20	\$50	\$100
<u>Full Page Dojang Student Picture Sponsor</u> 20 x \$20 per Student \$400	<u>Full Page Inside Front Cover</u> \$500	<u>Full Page Inside Back Cover</u> \$500
<u>Full Page Back Cover</u> \$1000	<u>Vendor Booth</u> \$200	<u>Business Banner</u> Must Supply your own banner \$200

**** All advertisement donations are going to EASTER SEALS**

Application, payment and ad must be received by Friday October 18th, 2019. No Exceptions.

Please email ad to Shrewsburyustc@gmail.com Subject: 2018 USMO Sponsors
 Or mail to - U.S. Tae Kwon Do Center 370 Boston Turnpike Shrewsbury, MA. 01545

Payment

Make Cashiers checks and money orders payable to USMO - *No Personal Checks Accepted*

Total Amount Enclosed: \$ _____



Credit Cards Only*



Credit Card#: _____ - _____ - _____ - _____ Exp. Date: ____/____ Security Code(back of card): _____

Card Holder Name: _____ Card Zip Code: _____

Card Holder Signature: _____ Date: ____/____/____

Print Name: _____ Date: _____

Signature: _____ Date: _____

Contact Us: Shrewsburyustc@gmail.com

Tel (508) 792-5534 Fax (508) 767-0113

15th US Masters Open

Championship

SUNDAY NOVEMBER 1st 2020

World Class Pairs



**COMING
SOON!!!**

World Class Free style Poomsae

Flying side kick contest

